

Short Commentary

Mental Impairment Negatively Impacts People's Lives

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People have to interact with each other to sell or buy goods or services and exchange ideas when necessary, as no one can produce or own everything and know all. How a person interacts with others defines individual behaviour; it reflects the capacity to process essential data, make decisions, and cooperate with clients, collaborators, and partners. People's collaborative work supposes respect, truthfulness, and adherence to social norms. Usually, in a family, there are sentimental interactions between its members. Whether sentimental or not, human relationships advance if reasonable actions follow. When love dominates relationships, some misjudges are easily tolerated, but displaying erroneous data or thinking inaccuracy is unacceptable for business partners. Out-of-ordinary behaviour can originate in genetics or medical disorders determined by external, internal factors affecting brain function, or it can be an expression of uneducated, impulsive reactions to various external stimuli, sometimes a combination of them.

Individual judgment may be altered more or less, transitory or permanent; consequently, their actions deviate from conventionality. Such thinking nonconformities disappoint collaborators and may lead to a relationship disruption sooner or later. The affected emotional life of the collaborators implied in such relationships, usually by repetition, can determine medical problems: depression, endocrine system abnormalities, arterial hypertension, type 2 diabetes, and so on. In addition, the collaborators' altered emotional health determines sorrowful moments for their loved ones, extending suffering gradually in the large family or community. For this reason, abnormal thinking and acting must be promptly recognized and treated to avoid negative consequences for others and the production process.

To determine an individual's mental health, healthcare providers should assess their abnormal behaviours along with their medical and social history, relationships, and professional accomplishments. In the community, we should support one another when needed. The business partners may terminate their relationship with a collaborator who displays impaired judgment and engages in deviant actions. On the other hand, medical teams will collaborate with the patient and their family to improve their health and maintain production continuity whenever possible. Job assignments will be made according to the individual's mental abilities, if necessary. People with transient or permanent cognitive impairment are often unaware of their condition. Patients with mental impairment need to have an understanding of their disorder and work together with medical professionals on a therapy plan. Healthcare professionals must identify the cause of

the mental disorder and develop appropriate treatments. Effective management of this condition involves collaboration with patients to follow the therapy plan, including their participation in decision-making and communication with loved ones for emotional support, both in the short and long term. Accessing informative online programs for knowledge improvement and communication with virtual assistants as necessary can help cultivate self-awareness, refine interaction with others, and ensure a better personal and social life, especially for those with mental impairments.

Improving one's mental health is beneficial for both healthcare providers and end-users. It enhances the quality of life, patient experience, and family satisfaction for the end-users, positive comments following, and determining an increase in investment returns, business growth, and continuity, improves personal reputation, and leads to a successful professional and social life for healthcare professionals.

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