

Short Commentary

The Effects of Unprofessional Conduct in Daily Work and How We Can Correct Them

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Each individual selects a domain to work in, according to their intellectual capacity, preferences, and ability to perform the duties imposed by chosen areas. Attaining expertise in that field, the art of transferring knowledge in practice, skills in collaborating with colleagues, partners, customers and their families, and other community members, and building a respectful, trustful, and merciful relationship with them are fundamental factors for a successful professional and social life, ensuring societal development and public health and define professionalism. The evidence in clinical practice highlights unprofessionalism's adverse effects on people's health, and a proposal for corrective actions to attenuate and prevent them is necessary. Sometimes, individuals with various backgrounds were assigned to positions that did not align with their preparation, except for a medical stance. Untrained for their new role, and misunderstanding and applying it in practice has generated errors, their product defect determining dissatisfied end-users, a decrease of imports /exports of goods or services prepared for, and a decline of investment return, finally affecting practice efficiency, personal reputation, and collaborator's health. Therefore, additional training and flexibility in a modern environment are necessary. It's important to have versatile, creative, and optimistic individuals who embrace novelty for job improvement. Otherwise, there may be personal and social disorders during the production process and risks to people's health. The inflexibility in public relations has a detrimental effect on professional work effectiveness, altering the emotional and social life of collaborators. The mistakes are common, but they must be quantified and their impact on the individual and community members analysed. Professionalism in dealing with intentional or unintentional errors or abuse in daily work is also required.

Research in clinical practice has shown that improper communications between business partners can hurt vulnerable individuals involved in such affairs; usually, aggressive, inappropriate words' energy use modifies an individual's energetic picture in motion, finally altering blood flow through the vessels and cells' function in fragile areas. Repetitive exposure to such unsafe interactions can cause sleep disruption, depression, dyslipidaemia, hyperglycaemia, high blood pressure, and even brain haemorrhage in people at risk. Therefore, the promotion of practical communication skills for the sake of public health is mandatory. Continuous education, prompt

and precise responses in clinical practice, working in a comforting atmosphere, building confidence in social interactions, cultivating positive habits, and upholding professional conduct that aligns with social norms ensure a successful career and a prosperous personal, professional, and social life.

Business continuity and development in a competitive and dominant digital world are desired; in the digital age, personal info quickly spreads, offering alternative options for collaborators if disappointed by a supplier.

Professionalism is essential for enhancing practice efficiency, promoting social progress, and improving public health. Teaching and applying it across all global industries is at the forefront of individual life quality improvement. By acting professionally, one can become an admired licensed person who receives people's gratitude and respect from the community they serve. Attaining excellence in job performance, as an ideal, soothes the mind and heart outlook transitioning a relative and perceptible –audible and visible world.

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